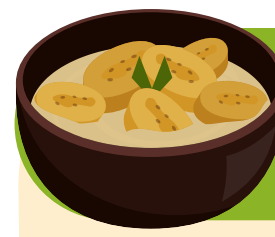




# ZEYNEM CATERING MAYIS AYI MENÜSÜ

## AFİYET OLSUN :)



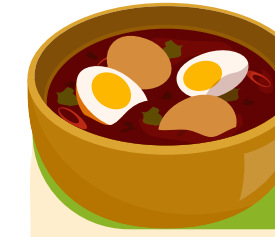
**ÇARŞAMBA**  
01/05/24

EZOĞELİN ÇORBASI	125 KKal
ORMAN KEBABI	236 KKal
TEREYAĞLI ERİŞTE	267 KKal
KEMALPAŞA	273 KKal
<b>TOPLAM= 901 KKal</b>	



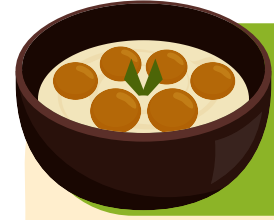
**PERŞEMBE**  
02/05/24

MISIR ÇORBASI	107 KKal
TAVUK DÖNER	226 KKal
Ş. PİRİNÇ PİLAVI	302 KKal
AYRAN	50 KKal
<b>TOPLAM= 685 KKal</b>	



**CUMA**  
03/05/24

MINISTRONE ÇORBASI	102 KKal
ETLİ NOHUT YEMEĞİ	226 KKal
BULGUR PİLAVI	230 KKal
CACIK	89 KKal
<b>TOPLAM= 647 KKal</b>	



**PAZARTESİ**  
06/05/24

MANTAR ÇORBASI	102 KKal
ÇİN USULÜ TAVUK	249 KKal
NAP.SOS. SPAGETTİ	269 KKal
MEŞRUBAT	80 KKal
<b>TOPLAM= 700 KKal</b>	



**SALI**  
07/05/24

TARHANA ÇORBASI	83 KKal
İZMİR KÖFTE	360 KKal
GRN. PİRİNÇ PİLAVI	291 KKal
HAYDARI	100 KKal
<b>TOPLAM= 834 KKal</b>	



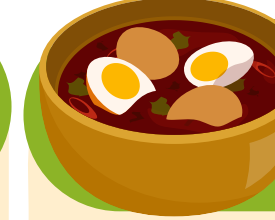
**ÇARŞAMBA**  
08/05/24

DEREOTLU KABAK ÇORBASI	90 KKal
BEĞENDİLİ TAVUK KÜLBASTI	371 KKal
TEREYAĞLI BULGUR PİLAVI	230 KKal
GELİN PASTASI	454 KKal
<b>TOPLAM= 1145 KKal</b>	



**PERŞEMBE**  
09/05/24

EZOĞELİN ÇORBASI	125 KKal
ŞİNİTZEL	288 KKal
FESLEĞENLİ B. MAKARNA	242 KKal
LİMONATA	80 KKal
<b>TOPLAM= 735 KKal</b>	



**CUMA**  
10/05/24

DÜĞÜN ÇORBASI	114 KKal
ETLİ TAZE FASULYE	154 KKal
Ş. PİRİNÇ PİLAVI	302 KKal
MEYVE	70 KKal
<b>TOPLAM= 640 KKal</b>	



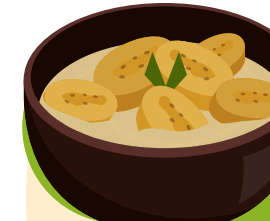
**PAZARTESİ**  
13/05/24

SEBZE ÇORBASI	102 KKal
PÜRELİ PAPAZ YAHNİ	281 KKal
ARPA ŞEHİRİYE PİLAVI	267 KKal
MEVSİM SALATA	60 KKal
<b>TOPLAM= 710 KKal</b>	



**SALI**  
14/05/24

ANADOLU ÇORBASI	142 KKal
GORDON BLEU	330 KKal
ARABİATA PENNE MAKARNA	269 KKal
PEMBE SULTAN	122 KKal
<b>TOPLAM= 863 KKal</b>	



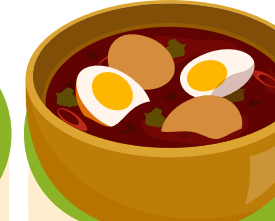
**ÇARŞAMBA**  
15/05/24

MERCİMEK ÇORBASI	127 KKal
TERBİYELİ KÖFTE	283 KKal
MEYHANE PİLAVI	234 KKal
SUPANGLE	268 KKal
<b>TOPLAM= 912 KKal</b>	



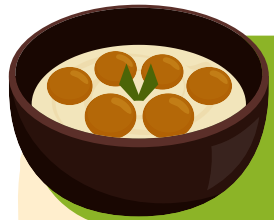
**PERŞEMBE**  
16/05/24

ŞEHİRİYE ÇORBASI	108 KKal
ÇITIR TAVUK	389 KKal
FIRIN PATATES	234 KKal
AYRAN	50 KKal
<b>TOPLAM= 781 KKal</b>	



**CUMA**  
17/05/24

SARAY ÇORBASI	104 KKal
MEVSİM TÜRLÜ	268 KKal
DOMATESLİ PİRİNÇ PİLAVI	302 KKal
MEYVE	70 KKal
<b>TOPLAM= 744 KKal</b>	



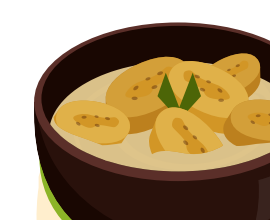
**PAZARTESİ**  
20/05/24

TOYGA ÇORBASI	139 KKal
ROSTO KÖFTE + PÜRE	366 KKal
FESLEĞENLİ SPAGETTİ	242 KKal
MISIRLI ROKA SALATASI	117 KKal
<b>TOPLAM= 864 KKal</b>	



**SALI**  
21/05/24

MERCİMEK ÇORBASI	127 KKal
HAMBURGER	260 KKal
FRENCH FRIES	161 KKal
AYRAN	50 KKal
<b>TOPLAM= 598 KKal</b>	



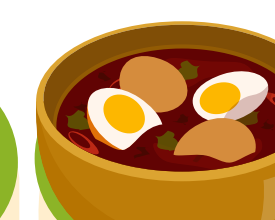
**ÇARŞAMBA**  
22/05/24

MINISTRONE ÇORBASI	102 KKal
KAĞIT KEBABI	233 KKal
ZRD. PİRİNÇ PİLAVI	284 KKal
MEYVE	70 KKal
<b>TOPLAM= 689 KKal</b>	



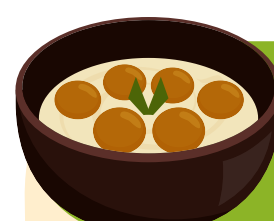
**PERŞEMBE**  
23/05/24

MISIR ÇORBASI	107 KKal
ARNAVUT TAVUK	330 KKal
PESTO SOSLU B. MAKARNA	326 KKal
TRİLEÇE	420 KKal
<b>TOPLAM= 1183 KKal</b>	



**CUMA**  
24/05/24

TARHANA ÇORBASI	83 KKal
ETLİ KURUFASULYE	223 KKal
Ş. PİRİNÇ PİLAVI	302 KKal
TURŞU	50 KKal
<b>TOPLAM= 658 KKal</b>	



**PAZARTESİ**  
27/05/24

KÖYLÜM ÇORBASI	109 KKal
ÇÖKERTME KEBABI	381 KKal
PANCARLI KUSKUS	171 KKal
MEYVE	70 KKal
<b>TOPLAM= 731 KKal</b>	



**SALI**  
28/05/24

SEBZE ÇORBASI	102 KKal
ŞİNİTZEL	288 KKal
NAP. SOS. FİYONK MAKARNA	269 KKal
BAKLAVA	300 KKal
<b>TOPLAM= 959 KKal</b>	



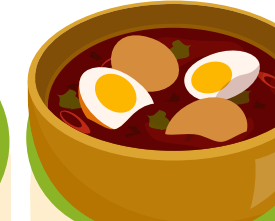
**ÇARŞAMBA**  
29/05/24

DOMATES ÇORBASI	103 KKal
HASANPAŞA KÖFTE	350 KKal
MERCİMEKLİ BULGUR PİLAVI	277 KKal
YOĞURTLU KÖZPATLICAN	137 KKal
<b>TOPLAM= 867 KKal</b>	



**PERŞEMBE**  
30/05/24

MERCİMEK ÇORBASI	127 KKal
TAVUK DÖNER	226 KKal
GRN. PİRİNÇ PİLAVI	291 KKal
AYRAN	50 KKal
<b>TOPLAM= 694 KKal</b>	



**CUMA**  
31/05/24

MURADİYE ÇORBASI	104 KKal
PATATES MUSAKKA	276 KKal
CEVİZLİ ERİŞTE	298 KKal
NARLI MEVSİM SALATA	82 KKal
<b>TOPLAM= 760 KKal</b>	